

Manual Handling eLearning Module

Jangro is a dynamic force in the cleaning supply industry and is the largest network of independent janitorial distributors in the UK and Ireland. We are proud to provide excellent service and the highest levels of quality, choice, training and technical support in the industry.



Manual Handling

In this module you will learn to:

- Practice the correct manual handling techniques
- Demonstrate to your employees the recommended techniques
- Plan and prepare before any handling activity
- Identify different manual handling injuries

About the Manual Handling Module

Jangro recognises the importance for employers to correctly train their staff in manual handling. Whether its lifting, lowering, pushing, pulling or carrying, manual handling is common practice within the cleaning industry and something that should be explained thoroughly and efficiently.

This module will not only go into detail about the importance of manual handling training but will also share various effective lifting techniques that you can demonstrate to your employees to ensure they are minimising the risk of injury throughout handling activities.

Following the completion of this module you will know how to plan and prepare for any handling activity, looking at different factors including the environment around you and the individual carrying out the task. You will also have the knowledge to prevent some of the most common manual handling injuries from happening.



Other eLearning Modules Available

- Carpet Care
- Colour Coding & Infection Control
- COSHH Awareness
- Floor Care
- Health & Safety
- Housekeeping
- Introduction to Cleaning
- Introduction to Equipment
- Kitchen Hygiene
- Washroom Hygiene

For more information contact your local Jangro Distributor or Jangro Head Office below

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